

## Carer's Form

You have indicated to us that you are in a caring role to a relative, friend, neighbour etc.

We would be grateful if you could complete some essential details below.

<b>YOUR DETAILS</b>	
<b>Name</b>	
<b>Address</b>	
<b>Telephone Number</b>	
<b>Are there any children in the family?</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Do they help with any of the caring responsibilities?</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>Date of birth</b>	

<b>DETAILS OF THE PERSON FOR WHOM YOU ARE CARING</b>	
<b>Name</b>	
<b>Do you live with the person that you care for?</b>	Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>If No, please give their address below.</b>	
<b>Address</b>	
<b>Telephone Number</b>	
<b>GP's Name</b>	
<b>Date of birth</b>	
<b>What sort of housing does the person for whom you care for live in?</b>	

**RANGE OF TASKS**

The list below shows area of support which carers often provide. Please tick any tasks which you do as a carer – there is space later for comments. Under ‘how often’ you can use words such as – always, every day, once a week, occasionally, rarely.

<b>Help With</b>		<b>How Often?</b>
Getting in/out of bed		
Toileting/incontinence		
Dressing/undressing		
Bathing		
Washing		
Giving medication		
Preparing food		
Cooking		
Eating		
Shopping		
Housework/cleaning		
Laundry		
Going up/down stairs		
Lifting/moving		
Financial advice		
Keeping company		
Emotional support		
Getting through the night		
Providing transport		
Going on outings		
Personal safety		
Interpreting		
Other		

## YOUR CIRCUMSTANCES

How long have you been the main carer?

Do you provide care for more than one person?

What commitments do you have other than providing care? Eg paid employment, voluntary work, family.

Do your caring responsibilities prevent you from meeting your cultural or spiritual needs? Please say how.

What do you do for relaxation and enjoyment, eg hobbies, sports?

Does the care that you provide impact on your personal safety?

Does someone else look out for the person that you provide care for? Yes  No

If you answered yes, how often do they look after the person and for how long?

Are there any unresolved disagreements between you and the person that you care for? Yes  No

**You are able contact Social Services for a carer's assessment.**

**Telephone: 0300 111 8010**

**For more information please go to**

**<http://www.staffordshirecares.info/pages/my-care/assessment/carers-assessment.aspx>**